

BOOK DIRECTLY



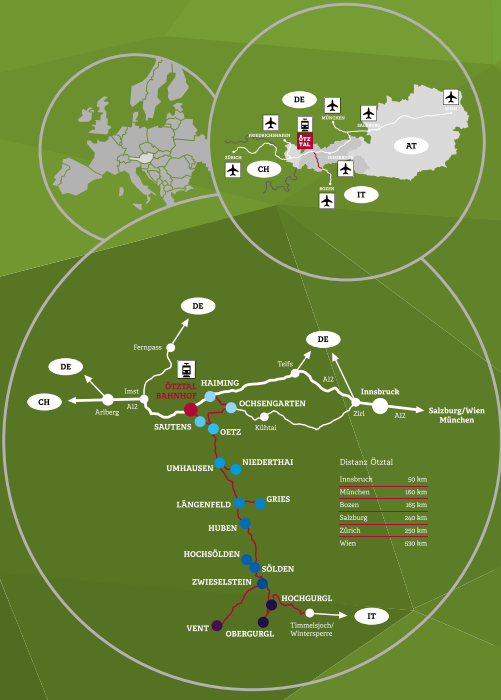
All hikes and company tours can be easily booked online via QR code! Guests of Nature Park partner businesses are asked to book directly at the reception of their accommodation!



NATURE PARK ÖTZTAL
Nature Park House
Oberlängenfeld 142
A-6444 Längenfeld
T +43 (0)5253 20201
office@naturpark-otztal.at
www.naturpark-otztal.at



Ötztal Tourismus
Achweg 6
A-6450 Sölden
T +43 (0)57200 0
info@otztal.com
www.otztal.com



GUIDED HIKES & EVENTS 2025

SUMMER PROGRAM



GOOD TO KNOW AND COSTS



- Booking **ONLY** required for hikes, workshops and company tours! Booking deadline is 5 p.m. the day before.
- Hikes € 20,00 per adult, children born in 2019 (and younger) **FREE OF CHARGE**.
- Weekly hikes, lectures & other individual events: For guests of Nature Park partner businesses and Ötztal Summer Card holders **FREE** (excl. additional costs), unless otherwise stated!
- Participants (single events): min. 1/ max. 15 persons – unless noted otherwise!
- For Nature Park partner business guests – book directly at the accommodation's reception
- Weekly hikes from 03 June - 14 October 2025
- Ötztal Summer Card valid 6 June - 19 October 2025
- You take part in the hikes/events at your own risk – hiking equipment absolutely required: sturdy hiking boots, warm clothes, rainwear, sunscreen, food, enough to drink
- Program may be changed/postponed at short notice (in case of unfavorable weather) by the organizing team.
- Disclaimer: Information given in this folder was collected accurately but no responsibility is accepted for the correctness of all details. The publisher is not liable for any accidents or damages caused by the use of this folder. Literal and typesetting mistakes excepted.

Imprint: Publisher + responsible for the content: NATURE PARK ÖTZTAL; Text: Mag. Thomas Schmarda; Layout: Huber Web Media; Print: Alpina Druck; Media: cover photo: ©Ötztal Tourismus - ©Roman Huber, ©Archiv NATURPARK ÖTZTAL - ©Thomas Schmarda, ©Marcel Schöck, ©Georg Kranewitter, ©Brigitte Oberweger, ©Constance Hammerle, ©Patrizia Plattner, ©Rüdiger Kaufmann, ©Stefan Plangger, ©Anton Vorauer, ©Peter Stöckl, ©apodemusOG, ©Ötztal Tourismus - ©Jochen Müller, ©Johannes Brunner, ©Christian Schneider, ©Lukas Ennemoser, ©Matthias Bertscher, ©Rudi Wyhtidal, ©Roman Huber, ©Norbert Span, ©Bergbahnen Hoch-öetz - Christian Schneider; ©Schafwollzentrum Umhausen - Philipp Horack; ©Freepik.com; Program and prices subject to change. Typesetting errors and misprints excepted. Produced according to the guidelines of the Austrian Ecolabel, Alpina Druck, UW-No. 1532.



GUIDED WEEKLY HIKING PROGRAM: 3 JUNE – 14 OCTOBER 2025						
WHERE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
OETZ		5 ● Latern light adventure 3 June – 14 Oct. 2025	8 ● 20 years Knappenweg - anniversary tour 11 June – 15 Oct. 2025		13 ● Sunrise tour to Faltegartenköpfl 6 June – 10 Oct. 2025	
UMHAUSEN	1 ● Köfler Waalweg - The secret of water 9 June – 29 Sept. 2025	6 ● Lovely Larstigtal valley 10 June – 30 Sept. 2025		11 ● 2-summits-tour 12 June – 2 Oct. 2025		
LÄNGENFELD	2 ● Mountain hiking - this is how it works! 9 June – 29 Sept. 2025		9 ● 4 lakes trail 11 June – 1 Oct. 2025		14 ● Adventure in the boulder maze 12 June – 3 Oct. 2025	
SÖLDEN		7 ● In the realm of the bearded vulture 10 June – 30 Sept. 2025			15 ● Past and present - alpine adventure hike 13 June – 3 Oct. 2025	17 ● Glacier breakfast and panorama trail Vent 15 June – 5 Oct. 2025
VENT	3 ● Arnika, Ötzi & more 9 June – 29 Sept. 2025		10 ● Glacier, geology, history 11 June – 1 Oct. 2025	12 ● Venter Hörnle - towards the chamois 12 June – 2 Oct. 2025		
GURGL	4 ● On the trail of garnet gemstones 23 June – 8 Sept. 2025				16 ● Glacier exploration 20 June – 5 Sept. 2025	18 ● Hiking on the paths of the Stone Age 22 June – 7 Sept. 2025

CATEGORY

● easy time:
approx. 1-3 hrs,
↑↓ approx. 300 m

● intermediate time:
approx. 4-5 hrs,
↑↓ approx. 600 m

● demanding time:
approx. 5-7 hrs,
↑↓ approx. 1000 m

SCAN THE QR CODE TO BOOK



1

KÖFLER WAALWEG - THE SECRET OF WATER

time 5,5hrs, ↑680 m ↓890 m
meet here: 9:00 a.m.,
Ötztal Tourismus - Umhausen
return: approx. 5:00 p.m.

SCAN AND BOOK



MONDAY



2

MONDAY

MOUNTAIN HIKING - THIS IS HOW IT WORKS!

time 2,5hrs, ↑↓300 m
meet here: 9:00 a.m.,
Ötztal Tourismus - Längenfeld
return: approx. 3:00 p.m.

SCAN AND BOOK



ARNIKA, ÖTZI & MORE

time 4hrs, ↑↓450 m
meet here: 9:45 a.m.,
Ötztal Tourismus - Vent
return: ca. 16:30 Uhr

SCAN AND BOOK



MONDAY



ON THE TRAIL OF GARNET GEMSTONES

time 4,5hrs, ↑↓650 m
meet here: 9:00 a.m.,
Ötztal Tourismus - Gurgl
return: approx. 3:00 p.m.

SCAN AND BOOK



MONDAY



LATERN LIGHT ADVENTURE

time 1,5hrs, ↑↓90 m
meet here: 7:30 p.m.,
Erlebnisbad Oetz - WIDIS Sommernest
return: approx. 10:00 p.m.

SCAN AND BOOK



TUESDAY



TUESDAY



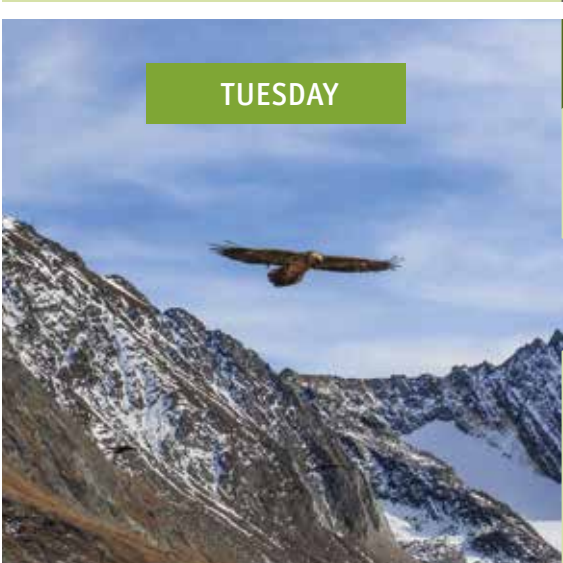
LOVLEY LARSTIGTAL VALLEY

time 5hrs, ↑800 m ↓600 m
meet here: 8:30 a.m.,
Ötztal Tourismus - Niederthai
return: approx. 3:30 p.m.

SCAN AND BOOK



TUESDAY



IN THE REALM OF THE BEARDED VULTURE

time 5,5hrs, ↑400 m ↓1050 m
meet here: 09:50 a.m.,
Ötztal Tourismus - Sölden
return: approx. 5:00 p.m.

SCAN AND BOOK



WEDNESDAY



20 YEARS KNAPPENWEG - ANNIVERSARY TOUR

time 4,5hrs, ↑575 m ↓875 m
meet here: 09:00/09:15 a.m.,
Acherkogelbahn/Ochsengartenbahn
return: approx. 4:00 p.m.

SCAN AND BOOK



4 LAKES TRAIL

time 7hrs, ↑1000 m ↓1050 m
meet here: 8:00 a.m.,
Ötztal Tourismus - Längenfeld
return: approx. 4:45 p.m.

SCAN AND BOOK



WEDNESDAY



GLACIER, GEOLOGY, HISTORY

time 4hrs, ↑300 m ↓600 m
meet here: 9:45 a.m.,
Ötztal Tourismus - Vent
return: approx. 4:30 p.m.

SCAN AND BOOK



WEDNESDAY



2-SUMMITS-TOUR

time 6hrs, ↑800 m ↓1000 m
meet here: 8:30 a.m.,
Ötztal Tourismus - Niederthai
return: approx. 4:00 p.m.

SCAN AND BOOK



THURSDAY



THURSDAY



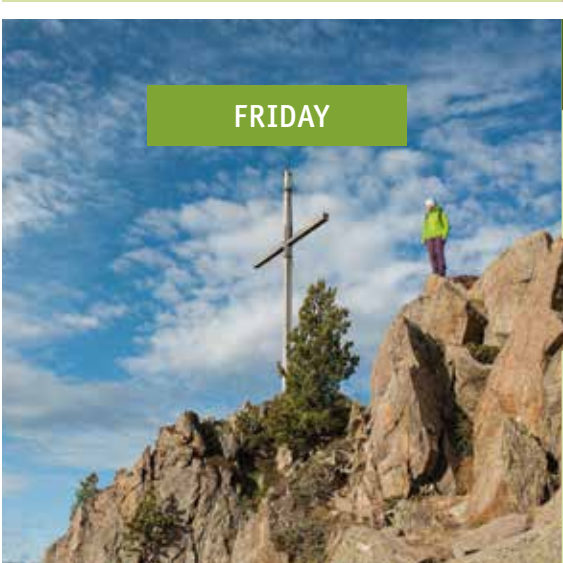
VENTER HÖRNLE - TOWARDS THE CHAMOIS

time 4hrs, ↑↓500 m
meet here: 9:45 a.m.,
Ötztal Tourismus - Vent
return: approx. 4:00 p.m.

SCAN AND BOOK



FRIDAY



SUNRISE TOUR TO FALTEGARTENKÖPFL

time 2,15hrs, ↑200 m ↓450 m
meet here: approx. 5:30 a.m. (varies),
valley station Acherkogelbahn
return: approx. 11:30 a.m. (start time)

SCAN AND BOOK



FRIDAY



ADVENTURE IN THE BOULDER MAZE

time 4,5hrs, ↑↓435 m
meet here: 8:45 a.m.,
parking place in Au-Winklen
time: approx. 4:30 p.m.

SCAN AND BOOK



15

PAST AND PRESENT -
ALPINE ADVENTURE HIKE

time 6,5hrs, approx. ↑↓1000 m
meet here: 9:30 a.m.,
Ötztal Tourismus - Sölden
return: approx. 4:00 p.m.

SCAN
AND
BOOK

FRIDAY

16

GLACIER EXPLORATION

time 5hrs, ↑130 m ↓800 m
meet here: 9:00 a.m.,
Ötztal Tourismus - Gurgl
return: approx. 4:00 p.m.

SCAN
AND
BOOK

FRIDAY

8 TREASURES
8 PLACES

SCAN
QR CODE
AND BOOK

FAMILY HIKES

Once again this summer, we invite all hiking enthusiasts to discover eight special NATURE JUWELS with us at eight unique PLACES in the beautiful Ötztal valley.

Look forward to varied family hikes where you can meet grazing sheep, spot majestic bearded vultures in the sky, discover colourful butterflies and mysterious mushrooms, listen to the buzzing life of bees - and maybe even have a starry wish fulfilled. You can also experience an atmospheric bat night at Lake Piburger See and quietly follow in the footsteps of our dormice in the Piburger Wald forest.

varied, exciting and family-friendly!

NOTE

ALL „8 TREASURES 8 PLACES“-HIKES ARE MARKED WITH A MAGNIFYING GLASS!

17

SUNDAY

GLACIER BREAKFAST AND
PANORAMA TRAIL TO VENT

time 5hrs, ↑110 m, ↓960 m
meet here: from 5:00 a.m.(varies),
Ötztal Tourismus - Vent or Sölden
return: approx. 2:30 p.m.

SCAN
AND
BOOK

18

SUNDAY

HIKING ON THE PATHS
OF THE STONE AGE

time 4hrs, ↑↓400 m
meet here: 10:00 a.m.,
Ötztal Tourismus - Gurgl
return: approx. 3:30 p.m.

SCAN
AND
BOOK

14 JUNE 2025

1ST TREASURE:
SHEEP DRIVE TO
SUMMER QUARTERS

time 6hrs, ↑↓600 m
meet here: 7:30 a.m.,
Ötztal Tourismus - Vent
return: approx. 5:00 p.m.

SCAN
AND
BOOK

11 JULY 2025

2ND TREASURE:
THE RETURN OF THE
BEARDED VULTURE

time 1,5hrs, ↑↓100 m
meet here: 9:50 a.m.,
Ötztal Tourismus - Sölden
return: approx. 13:30 p.m.

SCAN
AND
BOOK

18 JULY 2025

3RD TREASURE:
BAT NIGHT

time 45 minutes
meet here: 8:00 p.m.,
parking place Piburger See
return: approx. 10:00 p.m.

SCAN
AND
BOOK

25 JULY 2025

4TH TREASURE:
IN THE REALM
OF BUTTERFLIES

time 2hrs, ↑↓200 m
meet here: 10:00 a.m.,
Niederthai, parking place Sennhof
return: approx. 1:00 p.m.

SCAN
AND
BOOK

8 AUGUST 2025

5TH TREASURE:
MUSHROOM EXPEDITION
TO THE WOOD-WIDE-WEB

time 1hr, ↑↓50 m
meet here: 2:00 p.m.,
Niederthai, Nordic Sports Arena
return: approx. 5:00 p.m.

SCAN
AND
BOOK

22 AUGUST 2025

6TH TREASURE:
„MAYA“ THE BEE &
THE WILD BEES

time 30 minutes
meet here: 1:00 p.m.,
Nature Park House, Längenfeld
return: approx. 5:00 p.m.

SCAN
AND
BOOK

2 SEPT. 2025

7TH TREASURE:
STARGAZING -
STAR TOUR

time 10 minutes
meet here: 8:30 p.m.,
Ötztal Tourismus - Vent
duration: approx. 1,5 hrs

SCAN
AND
BOOK

NATURPARK
ÖTZTAL

NATURE PARK
HOUSE

MULTIMEDIA NATURE EXPERIENCE EXHIBITION

The NATURE PARK HOUSE in Längenfeld is the central contact point for nature experience and knowledge in Ötztal. The bilingual, multimedia exhibition (de/en) presents the fascinating world of flora and fauna on 300 m² using the latest technology - from VR and holograms to sensory stations, display boards and hand-carved exhibits.

TIP:
7 July – 30 Sept. 2025 – temporary exhibition „CLIMATE - ART - REALITY“ in the seminar room: Climate topics artistically interpreted.

Opening hours: 7 June – 18 Oct. 2025, Mon 3–7 p.m. & Tue – Sat 10 a.m. – 5 p.m.

Holiday programme at the Nature Park House: Wednesdays “Explore with Us”, Thursdays Etsztoler Märgget (little market) & Nature Tour.

Nature Park House . Oberlängenfeld 142 . 6444 Längenfeld
T +43 5253 20201 . www.naturpark-oetztal.at/nature-park-house

5 SEPT. 2025

8TH TREASURE:
ON THE TRAIL OF DORMICE
IN THE PIBURG FOREST

time 1hr
meet here: 2:00 p.m.,
parking place rafting entry point Oetz
return: approx. 4:00 p.m.

SCAN
AND
BOOK

09 JULY - 3 SEPT. 2025
EXPLORE-WITH-US
AFTERNOON

Discovery station for the young & old
meet here: 2:00 p.m.,
Nature Park House, Längenfeld
duration: approx. 4:30 p.m.

NO
REGISTRATION
REQUIRED

WEDNESDAY

NATURE PARK
HOUSE

6 JUNE - 14 NOV. 2025
WONDER FIBER SHEEP WOOL
FREE GUIDED TOUR

Experience the entire process of working
with local sheep's wool.
duration: 9:30-10:30 a.m.,
Ötztaler Schafwollzentrum, Umhausen

SCAN
AND
BOOK

FRIDAY

NATURE PARK ÖTZTAL
NATURE PARK HOUSE
NATURE PARK INFOPOINTS

10 JULY - 4 SEPT. 2025
ETZTOLER MÄRGGET - THE
SMALL, FINE ÖTZTAL MARKET

Discover the regional diversity and
take a piece of the countryside
home with you!
duration: 2:00 - 4:30 p.m.,
Nature Park House, Längenfeld

NO
REGISTRATION
REQUIRED

THURSDAY

NATURE PARK
HOUSE

11 - 19 OCT. 2025

INTERNATIONAL
BEARDED VULTURE
COUNTING DAYS

counting days: 11 - 19 Oct. 2025,
focus day: 11 Oct. 2025,
9:00 a.m. – 3:00 p.m.
report sightings to bartgeier@tirol.gv.at

SCAN FOR
MORE
INFORMATION

10 JULY - 4 SEPT. 2025
UNIQUE NATURAL
HERITAGE

Guided tour through the
multimedia exhibition
duration: 3:00 - 3:45 p.m.,
Nature Park House - Foyer, Längenfeld

NO
REGISTRATION
REQUIRED

THURSDAY

NATURE PARK
HOUSE